

# SUMMER BREAKFAST

**BAKE**  
**Bar**  
Artisan Sourdough Bakery

## MAKE YOUR OWN LITE BREKKIE

*Freshly baked & served with side butter***Croissant 6.5****Sourdough (1 Piece) 4 (2 Pieces) 7**

white | light rye | multigrain (SOY)

**Gluten Free Bread (1 Piece) 5 (2 Pieces) 8****Rolls | Bagels 7****Fruit Toast (1 Piece) 4 (2 Pieces) 7****Toast Sides 0.5**

Vegemite | Cream cheese | homemade Jam | Nutella | Peanut Butter | Honey | Marmalade

## EGGS

**Gluten Free Toast +2****Bake Bar Omelette 26.5**

3 eggs mixed with cream, mushroom, spinach &amp; chorizo, served with your choice of sourdough toast (white | light rye | multigrain (SOY) (no substitutions)

Egg white option available

**Bake Bar Benedict 26.5**

2 poached eggs, soft roll, smashed avocado, smoked salmon, spinach, topped with homemade hollandaise sauce

*(can be substituted with ham or bacon)***(V) Halloumi & Egg Stack 23.5**

1 soft poached egg, smashed avocado, grilled halloumi, roast cherry tomato, rocket, zaatar, dressed with our homemade chilli oil. Served on your choice of sourdough toast (white | light rye | multigrain (SOY) (no substitutions)

Add Extra Poached Egg + 4

**(V) Chilli Scrambled Eggs 23.5**

scrambled eggs mixed with chilli, sautéed mushroom, feta cheese, toasted lemon thyme crumbs, topped with our homemade chilli oil. Served on your choice of sourdough toast (white | light rye | multigrain (SOY) (no substitutions)

**(V) Poached | Scrambled | Fried 16**

served on your choice of sourdough toast (white | light rye | multigrain (SOY) &amp; topped with either hollandaise or yoghurt basil pesto (NUT)

## SIDES

*Extras for your brekkie!***Sliced Cheese | Olives 2****Fresh Sliced Tomato | Grilled Tomato |****Sauteed Spinach | Sliced Ham | Salami 3.5****Poached | Fried Egg 4****Scrambled Eggs 7****Mushrooms | Feta | Goats Cheese 6****Avocado | Bacon | Chorizo | Prosciutto |****Halloumi 7****Smoked Salmon 8****Side Salad 8**

## LITE BREKKIE

*Served on sourdough toast, white | light rye | multigrain (SOY)***Gluten Free Toast +2****Bacon & Egg Roll 16.9**

2 fried eggs, baby spinach, tomato, BBQ sauce

**(V) Bake Bar Avocado Bruschetta 21.9**

smashed avocado, cherry tomato, feta cheese, edamame, radish, toasted sesame seed, lemon wedges, dressed with our homemade basil oil

Add Poached Egg + 4

**(V) Sautéed Mushrooms 21.9**

sautéed mushrooms, spinach, smashed avocado, goats cheese, parsley

Add Poached Egg + 4

## SHAKSHUKA

*Shakshuka served weekdays until 1pm**Weekends & public holidays until 2:30pm***(V) (DF) (GF) Shakshuka 23.9**

mediterranean style eggs baked in our homemade tomato salsa with herbs &amp; spices served with toast

**(V) (GF) Balkan Shakshuka 25.9**

mediterranean style eggs baked in our homemade tomato salsa, aubergine, feta cheese, olive, herbs &amp; spices served with toast

**(GF) (DF) Chorizo Shakshuka 25.9**

mediterranean style eggs baked in our homemade tomato salsa with chorizo, herbs &amp; spices served with toast

## BREKKIE ROLLS

*Served on onion roll***Bacon or Ham 14.5**

1 hard poached egg, cheese, tomato, baby spinach, hollandaise &amp; aioli

**(V) Veggie 13.5**

1 hard poached egg, cheese, tomato, baby spinach, hollandaise &amp; aioli

**Salmon 15.5**

1 hard poached egg, tomato, baby spinach, capers, Spanish onion, hollandaise &amp; aioli

## SAVOURY CROISSANTS

**Cheese & Tomato Croissant 10****Ham & Cheese Croissant 10****Ham, Cheese & Tomato Croissant 10****Salami & Cheese Croissant 10**

## OUR FAMOUS

**Brekkie Combo sml 13 | lge 16***Create your own favourite combo from our:* yoghurt | homemade granola (NUT)(DAIRY) | muesli (NUT) | plain bircher | almond milk chia seed | rhubarb compote | mixed berry compote | fruit salad**Porridge sml 13 | lge 16**

organic mixed quinoa &amp; oat porridge served with yoghurt, mixed berries &amp; rhubarb compote

**Acai Bowl 18**

organic acai, topped with homemade granola (NUT) (DAIRY), fresh fruit or mixed berries

## HOT DRINKS

**Coffee sml 4.5 | lge 5.2**

piccolo | café latte | cappuccino | flat white | mocha | long black

**Espresso / Ristretto 4****Macchiato 4****Extras**

extra shot | decaf 0.5

almond milk | oat milk | soy milk |

lactose free milk 0.8

**Babycino 1.5****Chai Latte sml 4.5 | lge 5.2****Hot Chocolate sml 4.5 | lge 5.2****Tea 4.5**

peppermint | earl grey | english breakfast | camomile | green tea | chai | lemongrass &amp;

## COLD DRINKS

**Iced Drinks 10**

blended iced coffee | iced mocha | iced chocolate | freezochino | iced chai

long black on ice 7

coffee on ice (not blended) 8

**Organic Fruit Smoothie 11**

mango | berry | banana

**Organic Fruit Frappe 11**

mango | berry

**Acai Smoothie 12**

organic acai pulp mixed with banana

**Breakfast Smoothie 12****Milkshakes 9***Surcharge: Sunday 10% | Public Holidays 15%*

No substitutions

MONDAY – FRIDAY 11AM-2PM | WEEKENDS & PUBLIC HOLIDAYS 11AM-2:30PM

# SUMMER LUNCH

## SALADS

Our salads are freshly made when you order & served with sourdough toast, white | light rye | multigrain (SOY)

**(DF) Grilled Salmon Salad (NUT) 29.9**  
grilled salmon, mixed quinoa, kale, cabbage, roast carrot, edamame, corn, radish, coriander, dressed with our homemade soy & ginger dressing, topped with nuts dukkah (NUT) & lemon wedges  
Nut Free Option Available

**(DF) Seared Tuna Salad 29.9**  
seared tuna steak (cooked medium), green beans, roasted zucchini, kale, cabbage, edamame beans, radish, coriander, dressed with our ginger soy dressing, topped with toasted sesame seeds and lemon wedges

**(V) Halloumi & Chickpea Salad 26.9**  
grilled halloumi, spiced chickpeas, roast carrot, cucumber, homemade pickled onions, radish, mixed lettuce, cabbage, dressed with our homemade lemon, vinaigrette

**(DF) Grilled Prawn Salad 29.9**  
6 marinated grilled garlic prawn, avocado, yellow bell pepper, cucumber, cherry tomato, grilled corn, mixed lettuce with our lemon honey dressing

**(DF) Asian Style Chicken Salad 26.9**  
poached chicken, cucumber, carrot, edamame, mixed lettuce, cabbage, radish, mint, dressed with our creamy sesame dressing, topped with toasted sesame seed

**(DF) Grilled Chicken Salad 26.9**  
marinated grilled chicken, grilled corn, sundried tomato, celery, apple, croutons, shallots & mixed lettuce, dressed with our garlic & lemon aioli

## LUNCH PLATE & BOWL

**Fish & Chips Plate 26.9**  
3 golden beer battered fish fillets, seasoned chips & garden salad with our delicious homemade tartare sauce

**(Ve) Falafel & Quinoa Salad Bowl (NUT) 26.9**  
3 crunchy fried falafel (NUT), hummus, quinoa, kale, capsicum, cucumber, cherry tomato, mixed cabbage, Spanish onion, zaatar & lemon dressing, served with a toasted tortilla & lemon wedges  
Add Extra Falafel + 3

**Chicken Shawarma Plate 26.9**  
grilled marinated chicken thigh, served with house made salad (mixed lettuce, cabbage, capsicum, Spanish onion, cucumber, cherry tomato, zatar) & chips, dressed with our homemade creamy garlic sauce, served with a toasted tortilla Add Extra Chicken + 7

## EXTRAS

**Falafel (NUT) 3**  
**Prawn 3**  
**Avocado | Halloumi | Bacon | Chicken 7**  
**Smoked Salmon 8**  
**Gluten Free Toast 2**

## PASTA

**Prawn Linguine 30.9**  
6 prawns, cherry tomatoes & rocket in a white wine sauce & parmesan cheese  
Add Extra Prawn +3

**Creamy Chicken Pesto Linguine (NUT) 28.9**  
grilled chicken, cherry tomatoes & rocket in a creamy pesto sauce (NUT) topped with parmesan cheese

## BURGERS

Served on brioche bun

**Gluten Free Bread +2**

**(V) Veggie Falafel Burger (NUT) 19.9**  
3 crunchy falafel (NUT), hummus, lettuce, tomato, pickle cucumber & our creamy garlic sauce. Add Extra Falafel + 3

**Crispy Chicken Burger 20.9**  
Asian style fried chicken thigh, homemade slaw, carrot, cucumber, tomato & our chilli sambal sauce  
Add Bacon +7 | Extra Chicken +7

**Beef Burger 20.9**  
grass fed beef patty with our homemade slaw, tomato, pickled cucumber, Spanish onion and lemon aioli  
Add Bacon +7 | Extra Patty +7

**Add Salad or Chips 8**

## BAKED GOODS

Freshly baked on premises

**(V) Quiche of the Day 10.8**

**Chunky Beef Pie 8.8**

**Chicken & Mushroom Pie 8.8**

**Beef Sausage Roll 7.8**

**Lamb HARRISA Sausage Roll 7.8**

**Salad or Chips 8**

## KIDS (Age 12 or Below)

**Fish & Chips 14**

**(DF) Chicken Schnitzel & Chips 14**

**(V) Grilled Halloumi & Chips 14**

## WRAPS|BAGEL| PANINI|FOCACCIA

Subject to Availability

**Gluten Free Bread +2**

**Salmon Bagel 17**  
smoked salmon, cream cheese, capers, avocado, Spanish onion, tomato, mixed green leaves  
served on our wholemeal multigrain bagel

**(V) (DF) Egg Salad Bagel 15.5**  
egg mix (boiled eggs, Dijon mayo, Spanish onions, dill) rocket, cucumber  
served on our wholemeal multigrain bagel

**(V) Breakfast Pita Bagel (NUT) 13.5**  
cheese, tomato, basil, sundried tomato paste (NUT), zaatar

**Salami Pesto Focaccia Roll (Nut) 16**  
salami, bocconcini, tomato, pesto (NUT), roast capsicum, rocket  
served on our freshly made focaccia roll

**(DF) Lemon Chicken Focaccia Roll 16.5**  
shredded chicken, lemon juice, lemon zest, aioli, celery, lettuce  
Served on our freshly made plain focaccia roll

**(V) Avocado & Bocconcini Panini (NUT) 16**  
avocado, bocconcini, tomato, sundried tomato paste (NUT), pepper, fresh basil  
served on multigrain lancienne stick

**Prosciutto & Bocconcini Panini 16.5**  
prosciutto, olive tapenade, bocconcini, tomato, roast capsicum, pepper  
served on multigrain lancienne stick

**Smoked Ham Brie Panini 16**  
smoked ham, brie, cranberry jam, rocket, tomato, cranberry  
served on lancienne stick

**(Ve) Falafel Wrap (NUT) 16.5**  
crunchy fried falafel (NUT), hummus, mixed lettuce, mixed cabbage, tomato, cucumber, onions, zaatar & lemon dressing  
served on a white tortilla wrap

**(DF) Chicken Shawarma Wrap 16.5**  
grilled marinated chicken thigh, mixed lettuce, tomato, cucumber, carrot, homemade creamy garlic sauce  
served on a white tortilla wrap

**(DF) Chicken Schnitzel Wrap 16.5**  
homemade chicken schnitzel, mixed lettuce, tomato, avocado, chilli aioli  
served on a white tortilla wrap

## SANDWICHES

Subject to Availability

**Gluten Free Bread +2**

**(V) Roast Veggie (NUT) 16**  
multigrain sourdough (SOY), roast pumpkin, zucchini, eggplant, capsicum, carrot, goat cheese, sundried tomato paste (NUT), rocket, honey mustard dressing

**(V) Halloumi & Mushroom (Nut) 16**  
multigrain sourdough (SOY), grilled halloumi, sautéed mushroom, roast tomato, basil mayo (NUT), rocket

**(DF) Tuna 16**  
light rye sourdough, tuna mix (tuna, spanish onion, salt, lemon juice, aioli, olive tapenade (kalamata olive, capers, olive oil) tomato, rocket

**Basil Mayo Chicken (NUT) 16.5**  
white sourdough, grilled chicken, rocket, roast capsicum, basil mayo (basil pesto, aioli, NUT)

**Chicken Melt 16.5**  
multigrain sourdough (SOY), grilled chicken, Swiss cheese, roasted tomato, sautéed mushroom, rocket, chilli aioli

**Reuben 16.5**  
light rye sourdough, pastrami beef, Swiss cheese, sauerkraut, gherkins, tomato, dijon mustard

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Surcharge: Sunday 10% | Public Holidays 15%

**(GF) GLUTEN FREE (DF) DAIRY FREE (V) VEGETERIAN (Ve) VEGAN**