

## WINTER BREAKFAST

**BAKE**  
**Bar**  
 Artisan Sourdough Bakery

## MAKE YOUR OWN

Freshly baked &amp; served with side butter

**Croissant 6****Sourdough (1 Piece) 4 (2 Pieces) 7**  
white | light rye | multigrain (SOY)**Gluten Free Bread (1 Piece) 5 (2 Pieces) 8****Fruit Toast (1 Piece) 4 (2 Pieces) 7****Rolls | Bagels 5****Toast Sides 0.5**vegemite | cream cheese | homemade jam |  
nutella | peanut butter | honey | marmalade

## EGGS

Served on sourdough toast, white | light rye |  
multigrain (SOY)**Gluten Free Bread +2****Bake Bar Benedict (SOY) 29.5**2 poached eggs, smashed avocado,  
smoked salmon, spinach, topped with  
homemade hollandaise sauce. Served on  
our soft roll (SOY)

(can be substituted with ham or bacon)

**Bake Bar Omelette 28.5**3 eggs mixed with cream, mushroom,  
spinach & chorizo (no substitutions)**Egg white option available****(V) Halloumi & Egg Stack 26.5**1 soft poached egg, smashed avocado,  
grilled halloumi, roast cherry tomato,  
rocket, zaatar, dressed with our homemade  
chilli oil (no substitutions)**Add Extra Poached Egg + 4****(V) Chilli Scrambled Eggs 26.5**scrambled eggs mixed with chilli,  
sautéed mushroom, feta cheese, toasted  
lemon thyme crumbs, topped with our  
homemade chilli oil (no substitutions)**(V) Poached | Scrambled | Fried 15**your choice of eggs topped with either  
hollandaise or yoghurt basil pesto (NUT)

## SIDES

Extras for your brekkie!

**Hollandaise | Yoghurt Basil Pesto 1****Sliced Cheese | Olives 2****Fresh Sliced Tomato | Grilled Tomato |****Sauteed Spinach | Sliced Ham | Salami 3.5****Poached | Fried Egg 4****Scrambled Eggs 8****Egg White 9****Mushrooms | Feta | Goats Cheese 6****Avocado | Bacon | Chorizo | Prosciutto |****Halloumi 7****Smoked Salmon 9**

## LITE BREKKIE

Served on sourdough toast, white | light rye |  
multigrain (SOY)**Gluten Free Bread +2****Bacon & Egg Roll (SOY) 19**2 fried eggs, baby spinach, tomato,  
BBQ sauce. Served on brioche bun (SOY)**(V) Halloumi & Avocado Roll (SOY) 19**grilled halloumi, smashed avocado, tomato  
lettuce, aioli sauce. Served on brioche bun  
(SOY)**(V) Bake Bar Avocado Bruschetta 24**smashed avocado, cherry tomato, feta,  
cheese, kalamata olive, radish, za'atar, lemon  
wedges, dressed with our homemade basil oil**Add Poached Egg + 4**

## SHAKSHUKA

Shakshuka served until 2.30pm

**Gluten Free Bread +2****(V) (DF) (GF) Shakshuka 25**mediterranean style eggs baked in our  
homemade tomato salsa with herbs &  
spices served with toast**(V) (GF) Balkan Shakshuka 28**mediterranean style eggs baked in our  
homemade tomato salsa, aubergine, feta  
cheese, olive, herbs & spices  
served with toast**(GF) (DF) Chorizo Shakshuka 28**mediterranean style eggs baked in our  
homemade tomato salsa with chorizo,  
herbs & spices served with toast

## BREKKIE ROLLS

Served on onion roll

**Bacon or Ham 15.5**1 hard poached egg, cheese, tomato, baby  
spinach, hollandaise & aioli**(V) Veggie 14.5**1 hard poached egg, cheese, tomato, baby  
spinach, hollandaise & aioli**Salmon 16.5**1 hard poached egg, tomato, baby spinach,  
capers, Spanish onion, hollandaise & aioli

## SAVOURY CROISSANTS

**Cheese & Tomato Croissant 10****Ham & Cheese Croissant 11****Ham, Cheese & Tomato Croissant 12****Salami & Cheese Croissant 12**

## OUR FAMOUS

**Brekkie Combo sml 15 | lge 18**Create your own favourite combo from our:  
yoghurt | homemade granola (NUT)(DAIRY)|  
muesli (NUT)| plain bircher | almond milk  
chia seed | rhubarb compote | mixed berry  
compote | fruit salad**Porridge sml 15 | lge 18**organic mixed quinoa & oat porridge served  
with yoghurt, mixed berries & rhubarb  
compote**Acai Bowl 20**organic acai, topped with homemade  
granola (NUT) (DAIRY), fresh fruit or  
mixed berries

## HOT DRINKS

**Coffee sml 5.2 | lge 5.9**café latte | cappuccino | flat white  
long black**Piccolo 5****Espresso | Ristretto 4.4****Macchiato 4.4****Extras**

extra shot | decaf 0.5

almond milk | oat milk | soy milk |

lactose free milk 0.8

**Chai Latte | Mocha****Matcha Latte sml 5.6 | lge 6.3****Hot Chocolate sml 5.2 | lge 5.9****Babycino 2****Tea 5.2**peppermint | earl grey | english breakfast |  
camomile | green tea | chai | lemongrass  
& ginger

## COLD DRINKS

**Whey Protein Booster +2****Iced Drinks 10**blended iced coffee | iced mocha | iced  
chocolate | freezochino | iced chai  
long black on ice 7.5

coffee on ice (not blended) 8.5

iced matcha 11

**Organic Fruit Smoothie 11.5**

mango | berry | banana

**Organic Fruit Frappe 11.5**

mango | berry

**Acai Smoothie 12.5**

organic acai pulp mixed with banana

**Breakfast Smoothie 12.5**

banana/homemade granola/yoghurt/milk

**Milkshakes 9.5**

chocolate | vanilla | strawberry | caramel

Surcharge: Sunday 10% | Public Holidays 15%

No substitutions

MONDAY – SUNDAY & PUBLIC HOLIDAYS 11:30AM-2:30PM

# WINTER LUNCH

## SALADS

*Our salads are freshly made when you order & served with sourdough toast, white | light rye | multigrain (SOY)*

**Gluten Free Bread +2**

**(DF) Grilled Salmon Salad (NUT) 34**  
grilled salmon, mixed quinoa, kale, cabbage, roast carrot, edamame, corn, radish, coriander, dressed with our homemade soy & ginger dressing, topped with nuts dukkah (NUT) & lemon wedges  
**Nut Free Option Available**

**(V) Roasted Cauliflower & Halloumi Salad (NUT) 30**  
roasted cauliflower, grilled halloumi, kale, quinoa, chickpeas, hummus, cranberries, kataifi pastry, pickled cabbage, garnished with parsley & dukkah, dressed with our lemon vinaigrette

**(Ve) Falafel & Quinoa Salad 30**  
3 crunchy fried falafel, hummus, quinoa, kale, capsicum, cucumber, cherry tomato, mixed cabbage, Spanish onion, zaatar & lemon dressing, served with a toasted tortilla & lemon wedges  
**Add Extra Falafel + 2**

**(DF) Asian Style Chicken Salad 30**  
poached chicken, cucumber, carrot, edamame, mixed lettuce, cabbage, radish, mint, dressed with our creamy sesame dressing, topped with toasted sesame seed

**(DF) Grilled Prawn Salad 33**  
6 marinated grilled garlic prawn, avocado, yellow bell pepper, cucumber, cherry tomato, grilled corn, mixed lettuce with our lemon honey dressing

**(DF) Grilled Chicken Salad 30**  
marinated grilled chicken, grilled corn, sundried tomato, celery, apple, croutons, shallots & mixed lettuce, dressed with our garlic & lemon aioli

## LUNCH PLATE

**Fish & Chips Plate 30**  
3 golden beer battered fish fillets, seasoned chips & garden salad with our delicious homemade tartare sauce

**Chicken Shawarma Plate 30**  
grilled marinated chicken thigh, served with house made salad (mixed lettuce, cabbage, capsicum, Spanish onion, cucumber, cherry tomato, zatar) & chips, dressed with our homemade creamy garlic sauce, served with a toasted tortilla  
**Add Extra Chicken + 7**

## WINTER SOUPS

*From 11am*

our range of delicious winter soups are served with our freshly made sourdough toast **18.5**

**Gluten Free Toast +2**

## KIDS (Age 12 or Below)

**Fish & Chips 16**

**(DF) Chicken Schnitzel & Chips 16**

**(V) Grilled Halloumi & Chips 16**

## BURGERS

*Served on brioche bun (SOY)*

**Gluten Free Bread +2**  
**Add Salad or Chips +9**

**(V) Veggie Falafel Burger (SOY) 23.5**  
3 crunchy falafel, hummus, lettuce, tomato, pickle cucumber & our creamy garlic sauce.  
**Add Extra Falafel + 2**

**Chicken Schnitzel Burger (SOY) 23.5**  
crispy chicken schnitzel, tangy apple & carrot slaw & our homemade mayo mustard  
**Extra Chicken +7**

**Beef Burger (SOY) 23.5**  
grass fed beef patty with our homemade slaw, tomato, pickled cucumber, Spanish onion and lemon aioli  
**Add Bacon +7 | Extra Patty +7**

## BAKED GOODS

*Freshly baked on premises*

**(V) Quiche of the Day 12.5**

**Chunky Beef Pie 10**

**Chicken & Mushroom Pie 10**

**Beef Sausage Roll 9**

**Lamb Harrisa Sausage Roll 9**

**Salad or Chips 9**

## EXTRAS

**Falafel 2**

**Prawn 3**

**Avocado | Halloumi | Bacon | Chicken 7**

**Smoked Salmon 9**

**Gluten Free Toast 2**

## WRAPS|BAGEL| PANINI|FOCACCIA|

*Subject to Availability*

**Gluten Free Bread +2**

**Salmon Bagel 19.5**  
smoked salmon, cream cheese, capers, avocado, Spanish onion, tomato, mixed green leaves  
*served on our wholemeal multigrain bagel*

**(V) (DF) Egg Salad Bagel 16.5**  
egg mix (boiled eggs, Dijon mayo, Spanish onions, dill) rocket, cucumber  
*served on our wholemeal multigrain bagel*

**(V) Breakfast Pita Bagel (NUT) 15.5**  
cheese, tomato, basil, sundried tomato paste (NUT), zaatar

**(DF) Lemon Chicken Focaccia Roll 17.5**  
shredded chicken, lemon juice, lemon zest, aioli, celery, lettuce  
*Served on our freshly made plain focaccia roll*

**(V) Avocado & Bocconcini Panini (NUT) 17.5**  
avocado, bocconcini, tomato, sundried tomato paste (NUT), pepper, fresh basil  
*served on multigrain lancienne stick*

**Prosciutto & Bocconcini Panini 17.5**  
prosciutto, olive tapenade, bocconcini, tomato, roast capsicum, pepper  
*served on multigrain lancienne stick*

**Smoked Ham Brie Panini 17.8**  
smoked ham, brie, cranberry jam, rocket, tomato, cranberry  
*served on lancienne stick*

**(Ve) Falafel Wrap 17.8**  
crunchy fried falafel, hummus, mixed lettuce, mixed cabbage, tomato, cucumber, onions, zaatar & lemon dressing  
*served on a white tortilla wrap*

**Chicken Shawarma Wrap 17.8**  
grilled marinated chicken thigh, mixed lettuce, tomato, cucumber, carrot, homemade creamy garlic sauce  
*served on a white tortilla wrap*

**(DF) Chicken Schnitzel Wrap 17.8**  
homemade chicken schnitzel, mixed lettuce, tomato, avocado, chilli aioli  
*served on a white tortilla wrap*

## SANDWICHES

*Subject to Availability*

**Gluten Free Bread +2**

**(V) Roast Veggie (NUT) 18**  
multigrain sourdough (SOY), roast pumpkin, zucchini, eggplant, capsicum, carrot, goat cheese, sundried tomato paste (NUT), rocket, honey mustard dressing

**(V) Halloumi & Mushroom (NUT) 18**  
multigrain sourdough (SOY), grilled halloumi, sautéed mushroom, roast tomato, basil mayo (NUT), rocket

**(DF) Tuna 17.8**  
light rye sourdough, tuna mix (tuna, spanish onion, salt, lemon juice, aioli, olive tapenade (kalamata olive, capers, olive oil) tomato, rocket

**Basil Mayo Chicken (NUT) 18.2**  
white sourdough, grilled chicken, rocket, roast capsicum, basil mayo (basil pesto, aioli, NUT)

**Chicken Melt 18.2**  
multigrain sourdough (SOY), grilled chicken, Swiss cheese, roasted tomato, sautéed mushroom, rocket, chilli aioli

**Reuben 18.2**  
light rye sourdough, pastrami beef, Swiss cheese, sauerkraut, gherkins, tomato, dijon mustard mayo